



# St Edward's School

Unity - Achievement - Faith

5<sup>th</sup> October 2023

Dear Parents and Carers,

This year we are delighted to support #HelloYellow (Young Minds) to celebrate World Mental Health Day. At St Edward's School, we are committed to promoting positive mental health and wellbeing by participating in #HelloYellow alongside thousands of other schools, colleges, and companies. We hope to foster a positive environment, raising awareness and money for young people's mental health support services in the UK.

In the tutor programme next week, your young person will learn how they can support and how their donation can make a difference to those who need support. We will also discuss how small acts of kindness and starting a conversation can make a difference to the wellbeing of someone who may be struggling and feeling alone with their mental health.

We are inviting students to wear something yellow on **Friday 13th October 2023** as an addition to school uniform which should still be worn (for example: a hat, scarf, a bracelet) for a donation of £1 or whatever you feel you can contribute, via WisePay.

If you are concerned about your child's mental health or wellbeing our comprehensive wellbeing webpage has a wealth of information and links to support <https://st-edwards.poole.sch.uk/information/wellbeing/>. If in doubt, please do contact your child's tutor.

We look forward to seeing our students engage in such a worthwhile cause. Thank you in advance for your support.

Best wishes,

Mrs V Pirie  
AHT/ Designated Senior Lead – Mental Health

Mrs S Lee  
Mental Health Champion