



DOMESTIC VIOLENCE

Here are some useful links

PARAGON

Our teams work across Dorset and offer practical and emotional support to victims of domestic abuse

WOMEN'S AID

Providing support and advice to women and children to keep them safe

CITIZENS ADVICE

Advice for victims of abuse - domestic abuse is behaviour from a family member, partner or ex-partner. It can happen to people of all genders

HELP & KINDNESS

#HelpAndKindness is a project for Dorset that helps people find local support when they need it, and find places where they can offer help when they're able. It brings together the voluntary and charity sector with public and private sector support providers

NSPCC

If you need help with abuse - whether it be from an adult or child, you can speak to the NSPCC for support

NO MORE .ORG

Domestic violence and sexual assault support