



Dear Parents and Carers,

I am writing to inform you that, as part of our ongoing commitment to providing a comprehensive and high-quality PSHE curriculum, the PSHE sessions for the remainder of this term will include aspects of Relationships and Sex Education (RSE) and Drugs Awareness.

This content is designed to inform students about the rights, responsibilities and potential risk factors incumbent within aspects of sexual behaviour in both their own lives and in society and culture. It is informed by and fully adhering to the statutory guidance provided by the government. You can find further information regarding our RSE content and policy in the information video we have previously distributed, [which is available here](#).

The topics covered within this RSE input are as follow:

KS3

RSE

- The importance of consent in a variety of relationship contexts
- Information on the rights and responsibilities associated with sexual behavior, including information regarding contraception
- How to safeguard yourself against the distortions of body image fostered by modern media
- Information on puberty and the emotional and physical changes it entails
- Information on sexuality and gender identity

DRUGS AWARENESS

- Awareness of the dangers of county lines
- The dangers of drug use, alcohol and smoking

KS4 & 5

RSE

- The importance of boundaries and consent, including what constitutes harassment, in a variety of relationship contexts
- Information on the rights and responsibilities associated with sexual behavior, including information regarding contraception
- How to safeguard yourself against the distortions of body image fostered by modern media
- The potentially harmful impact of the misuse of pornography
- Information on sexuality and gender identity

DRUGS AWARENESS

- Awareness of the dangers of county lines
- The dangers of drug use, alcohol and smoking
- Case studies of young people being exposed to the risks and dangers of drug abuse

If you have any questions about the delivery of this content, or wish to withdraw your child from certain sessions, please contact myself at slee@st-edwards.poole.sch.uk.

Yours sincerely,
Mr S Lee
PSHE Coordinator