## FUTURE CHOICES NEWSLETTER

APRIL 2022





### CAREERS INTERVIEWS AND OPTIONS PROCESS

Year 9

By the end of this term, all Year 9 students will have had a careers interview with Mr Rigby, our Careers Advisor. These appointments are a great opportunity for students to discuss their initial careers ideas, the subjects they enjoy and link this to future careers as well as their option choices.

We would like to encourage you to raise this topic of conversation with your child to talk about what may have been discussed during this appointment.

Mr Rigby will always send out an action plan directly to the students following the appointment to confirm in writing what was discussed. He will also include a list of websites and resources students could use as well as any action points students are required to complete. Please remind your child to follow up on these to ensure that next year when they have a further appointment with Mr Rigby, they have developed their understanding and knowledge from the previous appointment.



#### Labour Market

Below is an outline of the local labour market information for the Dorset region. This gives students and their families a clear outline of what is going on across the job and employment market across the South West region. Looking at information like this can be valuable for students as they begin to plot their own future careers.

The top image shows the subject areas in Greatest Demand from January-September 2021. As you can see Engineering, Nursing Sciences and general business skills are very high up on this list. The second image looks at top jobs across Bournemouth, Poole and Christchurch as well as other areas of Dorset. It is important that students are aware of future jobs in the local area, understand the skills needed for certain roles and the demand for future employment to inform their future career choices.

## Education & Experience -Jan-Sep 21 Subject Areas in Greatest Demand Ingineering Nusing Science Business Administration and Management, General English Language and Literature, General Accounting Beckload and Becklonic Engineering Beckload and Becklonic Engineering Beckload and Becklonic Engineering Beckload and Becklonic Engineering Beckload Management, General Marketing Management, General Beckload Management, Gene

#### Top jobs – Jan-Sep 21

Nurses and carers are also among the top 3 occupations in demand

Combining the variety of care roles we find circa 3,500 care and related and circa 2,500 nusting and related roles advertised in Dorset in 2021 between January and August. Top 3 Bournemouth Software Developer / Eng Office/ Admin Asst Registered Nurse

Top 3 Poole Office/ Admin Asst Registered Nurse Customer Service Rep

Top 3 Christchurch Caregiver Registered Nurse Accountant Registered Nurse Care assistant Office/ Admin Asst

Top 3 Weymouth & Portla Care assistant Registered Nurse Food Service

> Top 3 East Dorset Care assistant Office/ Admin Asst Registered Nurse

Top 3 North Dorset Registered Nurse Care assistant Customer Service Rep

> Top 3 Purbeck Chef Registered Nurse Office/ Admin Asst



#### **Careers in the Curriculum**

We will be sharing information regarding Careers within the Curriculum, with a different subject being featured in each edition of our *Future Choices Newsletter*.

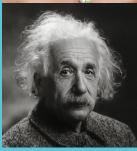
In this edition, the chosen subject is Music.

Our Head of Music often hears people say "I don't want to be a musician so why should I study music?". But there is so much more to studying music and pursuing a career in the music industry than just being a musician. While performing, song writing and composing are all exciting professions, there are fantastic opportunities working for record labels, being a sound engineer or working in music marketing.

The music industry is one of the UKs greatest exports and as technology and culture develops, there are more and more opportunities in social media, streaming and live performance. Not only is music brilliant in setting you up in one of these areas, it develops essential skills that every employer, no matter what job role, is looking for. Working collaboratively, problem solving, thinking innovatively and managing your time are essential skills musicians use in every music lesson, as you pursue music into KS4 and KS5 these skills become so embedded and set you up very well for any job role. Thousands of successful musicians have studied music over the years, from Lady Gaga to Paul McCartney. But often great contributors to society are also fantastic musicians and attribute some of their success to their musical background, notable examples are scientist Albert Einstein, politician Condoleezza Rice and actor Jamie Foxx who all studied music to a high level.







#### The teenage brain and careers...

Vulnerability	Impact	Context of their careers/ futures
Motivated by social interaction	Tend to rely on peer opinion and approval	Help young people discover and be confident in who they are becoming, what
	yet need parental influence, more than	they like, where they are happiest. Be willing to support exploration with them,
	ever, to give them consistency whilst	expose them to good opportunities so that they don't necessarily follow others
	respecting the importance of their	expectations.
	emerging identity	
Orientated towards short term	Find it difficult to project forwards or see	Avoid overdoing the reminders of how the future depends on now. Whilst
gain	the impact of what they are doing now on	important, it is best to encourage real engagement with what they are currently
	the future. Need instant gratification to	doing at school, in clubs, to find accomplishment and enjoyment in these
	feed the emotional brain.	activities. This build the future by helping them make progress at each stage.
Prone to risk taking behaviour	Behave in a way that challenges adult	Encourage risk taking within safe boundaries to protect young people whilst
	rational thinking. Increases around peers.	giving them the opportunity to explore challenging opportunities. Young people
	This risk taking is a necessary evolutionary	will develop a 'can do' mindset and learn that creativity and thinking out the box
	development as the brain is being	brings benefits. They will develop the confidence to consider careers that the
	developed and skills gained to exist in a	adults in their lives possibly did not.
	world that will function differently to that	
	of parents.	
Negatively impacted by stress	Stress can impact the wiring of the brain	Provide a safe and warm environment where futures are explored only as part of
	(started in childhood), young people very	their complete development and don't become a source of angst. Avoid the 'all
	quickly get caught in a negative spiral	or nothing' approach. The emerging self has to be the 'real self' and not the 'ideal
	which can lead to mental health issues	self' which tends to satisfy others' expectations.
	later	
Likely to display emotional	Young people will often give an emotional	Try not to over react to the emotional response. Give a young person time to
rather than rational responses	response to a situation automatically as	reflect, consider and refine or change their thinking.
as the cortex is still developing	the rational brain is not fully developed till	Present suggestions about futures to ponder rather than absolutes.

During adolescence, the brain goes through a period of intense restructuring. It is a time of great opportunity and vulnerability as the brain cells makes new connections and the strength of these connections intensifies significantly. It is during this time that influences from those closest to young people and those involved in their education can impact positively or negatively. Whilst acknowledging and being excited about the impact we can have, it is worth remembering that the opportunities for development are accompanied by certain vulnerabilities that a young person needs to navigate. The table below highlights these vulnerabilities and relates them specifically to careers education.

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#### Careers Experience Launch

This term, we are hoping to host a Careers Fair for all students at school to give them the opportunity to meet local employers, higher education and apprenticeship providers.

In previous years we have had over 30 exhibitors attend the event so we encourage students to engage with as many of these as possible in their dedicated year group slot, to ensure they can learn about the various Post-16 routes available to them and the skills employers are looking for.

We will be sending home further information later in the term once we have confirmed a date for this event.