



St Edward's School

Unity - Achievement - Faith

6th January 2022

Dear Parents and Carers,

I am writing to inform you that this half term the unit being covered in PSHE is our Relationships and Sex Education (RSE) unit.

Our unit is developed around the statutory government guidance for what constitutes effective RSE teaching. Additionally, we ensure that our resources are developed in a way which adheres to our school's ethos and context as a joint Roman Catholic & Church of England school. To do this we ensure that we provide a rounded perspective on each aspect of this topic that students cover, and that each student feels enabled to choose how, if and when to apply any of the content covered to their own lives in accordance with their individual beliefs and values.

As PSHE functions as a spiral curriculum, in which topics are revisited and expanded upon throughout students' time at the school, the information covered in each year group is delivered with absolute consideration of prior knowledge and age-appropriateness.

This information includes the following: consent; body image; puberty; self-esteem and communication within relationships; recognising and addressing inappropriate relationship behaviours; sexual rights and responsibilities; harassment in social, academic and professional settings; sexual health; contraception; sexuality and identity.

We advocate for all students to participate in PSHE, and take great care to ensure that the beliefs of students are recognised and supported within our teaching materials. We also ensure that the delivery of RSE content is a holistic, school-wide area of input; students' learning in this topic will be supported within PSHE and in units in both Science and RE throughout their time at the school.

Should you have any questions regarding the RSE provision please do not hesitate to let me know. Additionally, you may find [this information session provided as part of the school's parental consultation on RSE](#) useful in answering any questions you might have.

Likewise, should you wish to exercise your right to withdraw your student from certain elements of the RSE content please contact me at your earliest convenience.

Yours sincerely,

Mr S Lee
PSHE Coordinator