



ST EDWARD'S SCHOOL

CAREERS

BULLETIN

YEAR 11

WELCOME

Welcome to the Year 11 Summer edition of the Future Choices newsletter. The aim of the Future Choices newsletter is to keep you informed about careers education at St Edward's School, and also other issues related to employability.

We would like to encourage parents and carers to talk with their children about the world of work and the endless opportunities open to them. Actively exploring their ideas helps to develop students' self-awareness and encourages them to appreciate the relevance of why it is important.

CAREERS INTERVIEWS

This academic year, students have either had a face to face or a telephone careers interview with Mr Rigby. All students should have applied for their Post 16 option by now, so if students or parents and carers have any concerns about this, please contact Mrs Eastwood who can arrange some further support from Mr Rigby.

For those students who have applied to study A-Levels or other courses here at St Edward's, you can also contact the 6th form team if you have any queries.

PREPARING FOR INTERVIEWS – HOW TO SELL OURSELVES.

With so many of the Year 11 students about to be part of various interview processes, it is timely to think about what it means to perform well during an interview?

Obviously you need to show that you have the right experience, personal qualities and potential qualifications.

However you need to do more than check off the boxes on your interviewer's list — you want the person you speak with to feel excited about making an offer. That means selling yourself to interviewers, to make it clear that you're a strong candidate. Here's how to get started:

Carry yourself with confidence

If you feel unsure about yourself during the interview, it'll show. Do everything you can to outwardly project confidence when you meet with interviewers.

Mind your body language

Are you slumped in the chair? Fidgeting? Avoiding eye contact? These can make you appear unfocused, uninterested in the job, or unsure of yourself. Maintain good posture, make eye contact when you shake hands, and sit in a position that radiates engagement with the conversation.

Watch your word choices

Try to avoid saying "um" or "like" too much—and, curb any tendency you have to engage in up-talk—speaking with a

rising tone at the end of each sentence.

Choose an interview-appropriate outfit

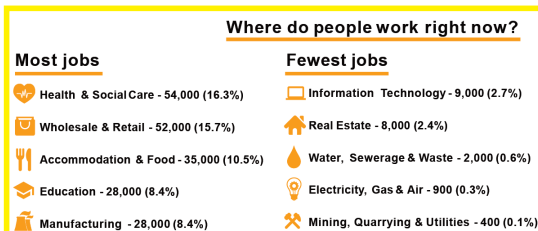
There is no one answer for what to wear during an interview. Do wear something you're comfortable in but also choose an outfit that's suitable for the specific interview.

Practice answers, but make sure to develop ones that are specific and memorable

It's good to practice what you'll say in response to common interview questions. Interviewers will expect you to be prepared. But just because the questions are common, doesn't mean your answers should be!

LOCAL LABOUR MARKET

Below is an outline of the local labour market information for the South West region. This gives students and their families a clear outline of what is going on across the job and employment market across the south west region. Looking at information like this can be valuable for students as they begin to plot their own future careers.



Did you know...

The NHS is the UK's biggest employer, and the 5th biggest employer in the world!

CAREERPILOT

We would like all Year 11 students to set up an account, on CareerPilot, which is a platform offering a wealth of impartial information about various job sectors and routes to higher-level study in the South of England. Students in Year 11 can research information about any job they may be interested in including the salary, what the role involves, career progression options and much more. The site also allows students to search per subject so they can start by looking at jobs linked to their favourite subjects. We would also encourage students to start looking at Level 4, post 18 options. This includes Higher Apprenticeships, Degree Apprenticeships, Honors Degrees, Foundation Degrees, Higher National Certificates, NVQ Level 4 and Certificate of Higher Education.

Careerpilot

CAREERS CONTACTS

Mr Hurley - Head of Careers
Mrs Eastwood - Careers Manager
Mr Rigby - Careers Advisor