



ST EDWARD'S SCHOOL

CAREERS

BULLETIN

YEAR 11

WELCOME

Welcome to the Year 11 Spring edition of the Future Choices newsletter. We hope that you all had an enjoyable and restful Christmas holiday. The aim of the Future Choices newsletter is to keep you informed about careers education at St Edward's School, and also other issues related to employability.

We would like to encourage parents and carers to talk with their children about the world of work and the endless opportunities open to them. Actively exploring their ideas helps to develop students' self-awareness and encourages them to appreciate the relevance of why it is important.

PROGRESSION INTERVIEWS

In February we will be holding progression interviews with all of the Year 11 students. The aim of these interviews is to provide each student with support and guidance about their choices for next year.

For those students who have applied to study A-Levels or other courses here at St Edward's, these interviews will be with a member of the sixth form team. This will act as the formal interview for a sixth form place and the students will discuss their potential programme of study and their suitability for it. Students who are considering not staying at St Edward's will also have a Progression Interview. These will be with the Year 11 team with support from other members of staff. The aim of these interviews will be to discuss where the students have applied or are thinking of applying to. Practical advice will be given to the students about the suitability of the courses that they are applying for and the whole application process.

In addition we also have the support of our careers advisor Aaron Rigby. We will be arranging one to one interviews with him for students who are not sure what their next step might be, or who require extra support in understanding the different options that are available to them.

PREPARING FOR INTERVIEWS – HOW TO SELL OURSELVES.

With so many of the Year 11 students about to be part of various interview processes it is timely to think about what it means to perform well during an interview? Obviously you need to show that you have the right experience, personal qualities and potential qualifications. However you need to do more than check off the boxes on your

interviewer's list — you want the person you speak with to feel excited about making an offer. That means selling yourself to interviewers, to make it clear that you're a strong candidate. Here's how to get started:

Carry yourself with confidence

If you feel unsure about yourself during the interview, it'll show. Do everything you can to outwardly project confidence when you meet with interviewers.

Mind your body language

Are you slumped in the chair? Fidgeting? Avoiding eye contact? These can make you appear unfocused, uninterested in the job, or unsure of yourself. Maintain good posture, make eye contact when you shake hands, and sit in a position that radiates engagement with the conversation.

Watch your word choices

Try to avoid saying "um" or "like" too much—and, curb any tendency you have to engage in up-talk—speaking with a rising tone at the end of each sentence.

Choose an interview-appropriate outfit

There is no one answer for what to wear during an interview. Do wear something you're comfortable in but also choose an outfit that's suitable for the specific interview.

Practice answers, but make sure to develop ones that are specific and memorable

It's good to practice what you'll say in response to common interview questions. Interviewers will expect you to be prepared. But just because the questions are common, doesn't mean your answers should be!



LOCAL LABOUR MARKET

To the left is an outline of the local labour market information for the South West region. This gives students and their families a clear outline of what is going on across the job and employment market across the south west region. Looking at information like this can be valuable for students as they begin to plot their own future careers.

CAREERS CONTACTS

Daniel Hurley - Head of Careers
Charlotte Eastwood - Careers Coordinator
Aaron Rigby - Careers Advisor